

Create Better-Endings

More than two million people die each year in the United States. Too often they are in care settings they would not choose and surrounded by confusion and pain – this does not have to be.

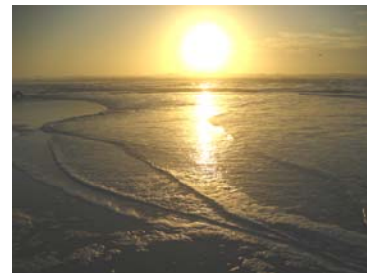
Bring your questions and join us for insight, information and inspiration as top professionals lead a respectful and thought-provoking examination of life, death and dying. The goal: creating better endings.

This unique series is presented by H.E.L.P. (Healthcare and Elder Law Programs Corporation), the nationally-recognized Torrance-based non-profit education and counseling center for older adults and families. See better-endings.org for more information.

February 26	<i>Talking with the Doctor About Difficult Things</i> Improving doctor-patient and family communication
March 5	<i>The Myths of Pain Management</i> Exploding the myths of pain management
March 12	<i>Avoiding Schiavo Tragedies</i> Understand the Schiavo family tragedy, and how to avoid it
March 19	<i>The Optimal Last Six Months</i> Finding meaning and connection while dealing with terminal illness
March 26	<i>Everyone Grieves</i> Dealing with the pain and feelings, both before and after death

Time: Mondays, 6:30 – 7:45 PM

Location: Torrance Memorial Medical Center
Health Conference Center and West Tower
3330 Lomita Blvd.
Torrance, CA



Pre-registration: Call (310) 533-1996

Admission: \$10 per person per session or \$30 for the series

Planned presenters include: **Dr. Miriam Cotler**, Visiting Professor at UCLA and Loyola Marymount University, consulting ethicist to various hospitals and the CMA Ethics Advisory Council; **Rev. Dr. Brad DeFord**, Torrance Memorial Medical Center, Director of Spiritual Care and Bereavement Services; **Mary Hersh, RN, MSN**, Torrance Memorial Medical Center, Manager of Palliative Care Program; **Rev. Dan Hudson**, Little Company of Mary San Pedro Hospital, Director of Spiritual Care; **Dr. Glen Komatsu**, Little Company of Mary Hospital, Director, Doak Center for Palliative Care, Medical Director, TrinityKids Care Pediatric Palliative Care and Hospice; **Edward Long, Esq.**, Executive Director, H.E.L.P.; **Dr. Roberta Mann**, Director of the Torrance Memorial Burn and Wound Healing Center, immediate past chair of Bioethics Committee; **Claire Towle, LCSW**, Director, The Gathering Place, Redondo Beach.

H.E.L.P.[®]

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